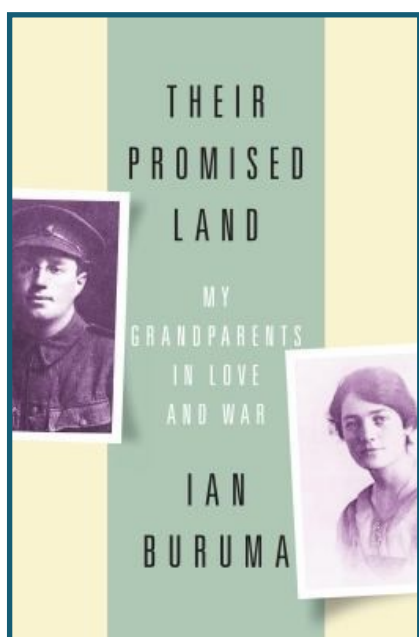


THE BRANDON LEGIONNAIRE



Branch 003, Brandon, MB

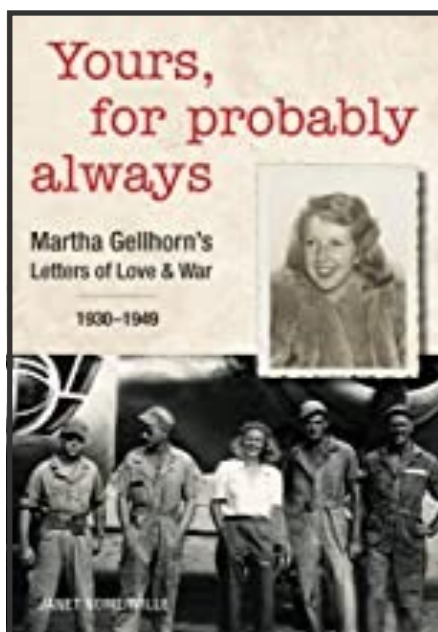
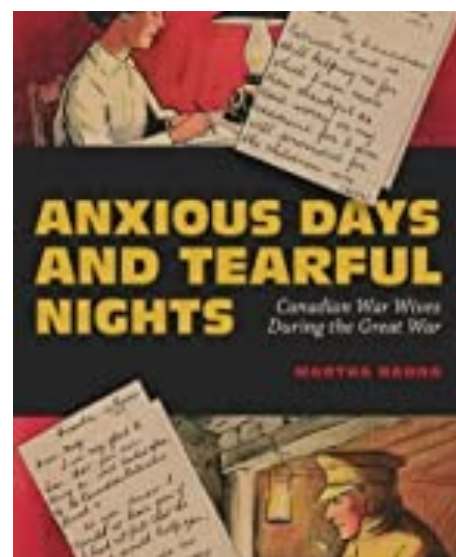
NEWSLETTER FEBRUARY 2021 VOLUME XLI : 2



Available to borrow at Brandon
Public Library

Stories of Love During War

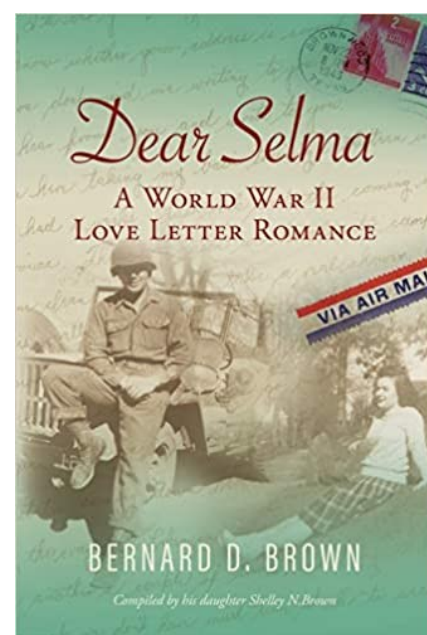
Webinar—February 10, see page 4



Available to borrow at Brandon
Public Library



Fiction - Available to buy online
Amazon.com



Available to buy online at Coles/Chapter-
Brandon Mall



*They shall grow not old,
as we that are left grow old.
Age shall not weary them,
nor the years condemn.
At the going down of the sun,
and in the morning,
We will remember them.*

Lest We Forget

Legion services for Veterans and their families

The Legion provides a range of services and supports for Veterans, their families and dependents. In addition to directly assisting Veterans and their families with the disability claims process through Veterans Affairs Canada (VAC), the Legion offers a variety of programs, resources and referrals to support Veteran health, transition to civilian life, financial assistance and well-being.

At the local Legion Branch, a Veteran or their family can:

- meet with a volunteer Legion Service Officer to help identify unmet health or support needs and review possible benefits through VAC, as well as other supports available
- get assistance with completing the Legion Claims Form and receive a referral to Legion Command Service Officers for individual assistance
- request benevolent financial assistance through the Poppy Fund
- request visits to Veterans in retirement and long term care facilities
- access Veteran support and care programs as offered through the Branch

Provincial Command Service Officers can help a Veteran or their family:

- get assistance with the disability claims process
- request benevolent financial assistance through the Poppy Fund, beyond what a Branch can provide
- obtain referrals to appropriate Legion and provincial Veteran support programs and resources
- obtain referral to a Legion Dominion Command Service Officer for additional assistance and free, professional representation with VAC benefits and appeals

(Continued from page 2)

Dominion Command Service Officers can help a Veteran or their family:

- access VAC benefits, from first application with the Veterans Affairs disability claims process, up to and including professional representation in a Request for Reconsideration with the Veterans Review and Appeal Board
- request benevolent financial assistance through the Poppy Fund, beyond what a Provincial Command can provide
- obtain referrals to appropriate Legion and national Veteran support programs and resources
- request assistance for Canadian Veterans abroad, and Allied Veterans living in Canada

If you or a Veteran you know needs help, please contact a [Legion Command Service Officer](#).

BRANDON BRANCH #003 ROYAL CANADIAN LEGION

2020 Executive

PRESIDENT, C. Stumme

1st VICE PRESIDENT, C. Gammack

2nd VICE PRESIDENT,

SGT-AT-ARMS, F. Pritchard.

Deputy Sgt-At-Arms, R. McDonald

SERVICE OFFICER, M. Tallant

CATERING, E. Stumme

One Year Term: L. Biel, R. Burgess,

Two Year Term : T. Shand, R. Garcia, L. Wakefield, A. Addison

Royal Canadian Legion Brandon Branch #3

560—13th Street EAST

Brandon, MB R7A 7C1

OFFICE: Leave message at 204-728-5026 or Office.Admin@rclbrandon003.com

<https://www.brandonlegion.ca/>

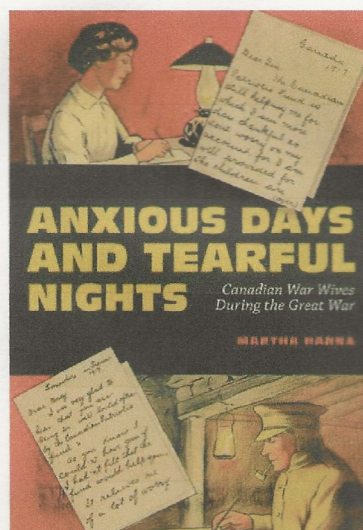
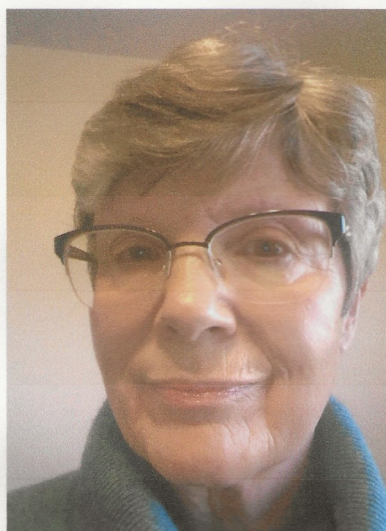
<https://www.facebook.com/pages/Royal-Canadian-Legion-Branch-003-Brandon-MB/>

Brandon Legionnaire Branch #003 Editor - Linda Wakefield please submit articles or pictures to mrswwakes@mymts.net

LAURIER MILITARY HISTORY

webinar series10 February, 7:00pm EST on **zoom****MARTHA HANNA**

**"Anxious Days and Tearful Nights:
How Canadian War Wives Experienced the Great War"**



Eighty-thousand Canadian women had their lives upended when their husbands enlisted for overseas service during the First World War, and yet we know very little about how they experienced the war, coped with separation and "single parenthood," and struggled with the emotional anxiety occasioned by their husbands' absence. In this talk, Martha Hanna will focus on how the extraordinary circumstances of 1917 – an uncommonly cold winter, even by Canadian standards; the resumption of submarine warfare; and the never-ending conflict in which Canada played an ever more significant role – affected the lives of these women.

REGISTER AT canadianmilitaryhistory.ca/webinar

LAURIER CENTRE
for MILITARY
STRATEGIC and
DISARMAMENT
STUDIES
WILFRID LAURIER UNIVERSITY



Region of Waterloo
MUSEUMS

LADIES AUXILIARY 2020 EXECUTIVE

President : Linda Leckie 204-724-5041
Past President: Betty Persian 204-725-2691
1st Vice President: Susan Klyne 204-717-0123
2nd Vice President: Marg Melnyk 204-726-8188
Sgt-at-Arms: Suzanne Cartier 204-922-4512
Treasurer: Pat Simmons 204-727-4591



Ladies Auxiliary

The LEGION was founded in November 1925 in Winnipeg and chartered in 1926 by special Act of Parliament. However, veteran welfare and assistance had been carried on since 1916. During the 1914-1916 War Years as wounded veterans returned home, women were asked to help with their recovery by visiting hospitals, sending parcels to hospitalized and needy families and raising funds. In general, these ladies served the veterans and their dependents.

The LADIES AUXILIARY in this Command was not officially chartered until later. They are organized into a COMMAND-wide organization known as the PROVINCIAL COUNCIL LADIES AUXILIARY, MANITOBA and NORTHWESTERN ONTARIO COMMAND. The objectives of this organization are to coordinate the work of the Auxiliaries within this Command and co-operate with the Legion in its purposes.

Membership

Membership in the Ladies' Auxiliary is open to a woman who:

- is of Good Character.
- has reached the age of 18 years old and is eligible to be a member of the Royal Canadian Legion.
- Is willing to work for the Aims and Objects of The Royal Canadian Legion and its Auxiliaries

Life Membership

Any member of the Auxiliary may be considered for a Life Membership for outstanding service, after fifteen years of continuous service.

Attention Legion members of Branch #3 we received the following good news communique on February 4 2021 from

**Dawn Golding—Provincial Executive Director
The Royal Canadian Legion
Manitoba & Northwestern Ontario
Provincial Headquarters
563 St. Mary's Road
Winnipeg, MB. R2M 3L6**

ALL BRANCH BULLETIN – GENERAL UPDATE

- **Provincial Convention** – Plans are to move ahead with our Provincial Convention providing we can meet whatever the health restrictions guidelines are at that time. We will keep you updated.
- For those of you who applied for Round 2 of Federal Funding, Dominion advises the EFT to take place [February 28, 2021](#).
- **Donations** – MBNWO Command is pleased to advise that we have received two incredibly generous donations that have been earmarked for Branch Support. The first donation was for \$20,000 from Princess Auto. We have a Friendship Award to present to them when Code Red restrictions are lifted. The other donation was from Kinsmen Bingo for \$30,000.00.

Literary & Poster Winners – Congratulations to all!

<u>Category</u>	<u>Branch Winner</u>
Literary Poem Junior	Plumas # 189 Evan Thomson
Literary Poem Inter	Henderson # 215 Ivy O'Conner
Literary Poem Senior	Portage la Prairie #65 Nolan Houde
Literary Essay Junior	Oak Lake #79 Jayce Kreutzer
Literary Essay Inter	Polish Comb. LWOW # 219 Joshua Philip
Literary Essay Senior	Killarney #25 Gabriel Waldner
Poster B&W Primary	General Hugh Dryer #138 Rose Wozney
Poster B&W Junior	Killarney #25 Janae Gross
Poster B&W Inter	Elkhorn #58 Christina Waldner
Poster B&W Senior	Cartwright Mather #86 Chantal Hofer
Poster Colour Primary	Oak River #150 Elanna Kleinsasser
Poster Colour Junior	Souris #60 Ava Swaenepoel
Poster Colour Inter	Portage La Prairie #65 Maude Clairmont
Poster Colour Senior	Port Arthur #5 Faith Whatley

Special *THANK YOU* Note

Brandon Branch 003 President Cindy Stumme wishes to extend a sincere “thank-you” to Behlen Industries Vice President Sean Lepper for graciously donating their beautiful and gently used board room furniture for a forever home in our Jack Hamilton Room.


Rosa Villamiraz, Marketing & Business Development Director and Pat Versavel, VP Engineering & Innovation of Behlen Industries pictured below are preparing their meeting room for future renovations.

A big thank you to Comrade Colleen Gammack, Branch 1st Vice President, for making it possible that our Branch has become a recipient of such a wonderful gift. Thankyou’s to Branch members Murray Day for all his help and to Murray Tallant, Branch Service Officer for paying the cost of moving the furniture to its new home. And the heavy lifting work was done by Lawrence Moving & Storage.

Thank You!



Editors Note:

The physical date for mailing to *Valentine for Vets* may have passed (February 1st) for this year perhaps a Valentine walk-by or drive-by a Brandon personal care home wearing a heart shaped  mask and waving a Valentine on February 14th, would surely bring a moment of joy to those living and working within.

Please watch the following from Veterans Affairs by clicking on the You Tube clip below- Making valentines with your kids? Mail them to us and we'll distribute them to Veterans in long-term care facilities across Canada: <http://ow.ly/EdCD50y7IEw>

Valentines for Vets

This Valentine's Day thank Canadian Veterans by sending them a hand-made valentine.

Each year, Veterans Affairs Canada (VAC) invites Canadian schools, individuals and organizations to make *Valentines for Vets*. VAC then distributes the valentines to Veterans in long-term care facilities across the country by February 14.

Valentines for Vets began in 1989 when the late newspaper columnist, Ann Landers, encouraged her readers to create special valentines for Veterans in care facilities throughout Canada and the United States. Every year, Landers' special "Valentines for Vets" column asked her readers to remember the sacrifices of their nations' Veterans by making them personal hand-crafted valentines.

VAC became involved with the program in 1996, and has been receiving and distributing valentines to Veterans in care facilities across the country ever since.

Though Ann Landers passed away in 2002, VAC is committed to continuing her project of thanking Veterans. At VAC we invite Canadians, young and old, to send valentines to our [Head Office](#). Your continued participation is what makes the *Valentines for Vets* program such a huge success.

For Educators

Do you want to teach your students about Canadian Veterans? Are you interested in an interactive project for your kids at home? If so, *Valentines for Vets* is just the project for you!

The *Valentines for Vets* program helps us thank our Veterans, not only on Remembrance Day but throughout the year. It is also an opportunity for you to show your students and children the accomplishments and sacrifices of our Veterans and give them a greater understanding of Canada's proud military history.

We encourage you to share your valentines on social media with a shot video or photo using the #valentinesforvets! We will be selecting a few special videos and photos to be featured in a video which will be shared on Valentine's Day on our social medias and with Veterans.

Your hand-crafted valentines will be distributed to Veterans in long-term care facilities across Canada. Though they may never meet the Canadians who created the valentines, Veterans who receive them deeply appreciate and cherish these messages.

Sending your Valentines

If you would like to send a valentine thanking a Veteran, please send it by February 1 to:

Valentines for Vets
Veterans Affairs Canada
Commemoration, Distribution Unit
125 Maple Hills Avenue
Charlottetown, PE C1C 0B6

Veterans Affairs Canada will keep valentines that arrive after the deadline to distribute next year.
All other enquiries: vac.distribution.acc@canada.ca

Tips and Message Ideas

Tips for Teachers

1. Please do not include candy or chocolate with the valentines.
2. **Do not use sparkles** or materials that easily break off the valentines.
3. Encourage your students to **sign** their valentines and to write a bit about themselves—their age and what school they attend. However, **do not include addresses or phone numbers**.
4. Do not put individual valentines in sealed envelopes. Send us a single large envelope containing all of the valentines.
5. Do not put the date or year on the valentines.

Ensure your students are aware of who Veterans are—they are living and were men and women who served in the military. Avoid using "RIP" and images related to violence or death such as graveyards or guns.

Message Ideas

1. Tell the Veteran why they are important, what you plan to do this year to remember our nation's proud military history, or the reason you want to wish them a Happy Valentine's Day.
2. Thank the Veteran for his or her service, sacrifice and commitment to our country and citizens.
3. Write a poem or include one of significance to Valentine's Day or to Veterans, such as, "In Flanders Fields" or "Roses are Red."
4. Send a store-bought valentine; hand-crafted cards, however, make Veterans feel extra special.

Valentines of all shapes, sizes, and colours are welcome. However, valentines that are greeting-card size are **easier to package** and distribute.

Here are some messages Veterans have received...

"Thank you for your bravery and courage in the war. Without your courageous acts we may not be here today."

"I sincerely thank you for your dedication to our country. Your sacrifice in the face of great danger, and the bravery that you showed will echo in the generations to come. Your heroism has inspired me to do many things."

"Thank you for risking your life for my freedom."

"I am sending you a special valentine wish. I want to let you know how much you are appreciated, and thought of often."

"Mere words cannot describe how thankful we all are for all of the devotion and hard work it took to go to war."

"A card made for someone special, who changed the world for the better; and for that you will always be loved, remembered, and treasured."

"For someone special, who's changed the world for the better; you are loved and appreciated and thought of often!"

"We thank you for your many efforts and sacrifices. We feel secure and safe because you made sure that we do. With much gratitude and appreciation."

Your Royal Canadian Legion is committed to making a difference in the lives of Veterans and their families, providing essential services in our communities, and remembering the men and women who sacrificed for our country.



News archive—<https://legion.ca/news/articles>

Toronto researcher awarded \$30,000 Legion scholarship....Jan 27, 2021

Dr. Abdelhakim Khellaf will focus on traumatic brain injury



OTTAWA, ON, 27 JANUARY 2021 – Dr. Abdelhakim Khellaf of the University of Toronto received the \$30,000 Royal Canadian Legion Scholarship in Veteran Health Research, at an online event of



the Canadian Institute for Military and Veteran Research (CIMVHR). The award is presented to a masters student pursuing a project directly related to Veteran well-being.

“It is a tremendous honour,” says Dr. Khellaf who thanks the Legion and CIMVHR for their support and the research opportunity. “I am passionate about traumatic brain injury research in part because traumatic brain injury remains a leading cause of death especially in young people and military personnel,” he says.

Dr. Khellaf has an extensive history of studying traumatic brain injury (TBI) including in Veterans. He realized they are at an increased risk due to their work – and in addition, from penetrating and blast injuries. He recognized the treatment of this population requires a unique approach, and noticed the current TBI classification system needs updating.

“Because of his smart observations, Dr. Khellaf will break new ground as he develops a new classification system, and looks at the risk of TBI complications and the best treatment options,” says Thomas D. Irvine, CD, Dominion President. “We are excited to know this could ultimately lead to better health outcomes for our Veterans.”

Dr. Khellaf says TBI has been considered “the most complex disease in the most complex organ,” and research in the field has concrete benefits in terms of common understanding and effective therapies. “I hope that my research will drive forward the emerging area of precision medicine as a tool to help patients with traumatic brain injury in both military and civilian populations,” he says.

Since 2013, when the Legion established its annual scholarship, incredible recipients have studied topics like improving the odds of a soldier surviving gunshot wounds, or the possibility of erasing “fear memory.”

Research work that leads to improved health outcomes for our Veterans also benefits their families and communities. In addition, the evidence-based knowledge that comes from research, helps the Legion pursue a range of advocacy work in areas such as operational stress injury and homelessness.

Each year, a scholarship recipient is chosen with the help of the Canadian Institute for Military and Veteran Health Research. CIMVHR is at the forefront of innovation by supporting new research and facilitating collaboration, and the Legion is an ongoing and supportive partner.